

Planned Menu Spreadsheet

Portion Values

Menu Name: Elementary School Lunch K-5 **Include Cost:** No
Site: All Sites
Use Alternate Menu Name: No

Monday - 04/07/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990118 *WAFFLES,DUTCH:J&J	EACH	600	300	3.00	350	43.00
990078 *FRUIT,STRAWBERRIES,FRZ,TOPP	1/4 Cup	600	19	0.00	1	5.04
000622 *SAUSAGE PATTY	each	600	85	2.00	232	0.40
000624 *POTATO,HASHBROWN PATTY	3/4 CUP	600	195	3.00	195	21.00
990147 *KETCHUP PCS	EACH	600	10	0.00	85	2.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	600	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			799	8.30	1031	109.11
% of Calories				9.35%		54.6%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 04/08/2025

Reimbursable Meal Total 600

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000712 *SANDWICH,PBJ:UNCRU STABLE	EACH	600	320	3.00	350	33.00
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	600	122	1.16	307	17.76
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	600	38	0.03	63	8.77
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	280	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			671	4.47	891	98.04
% of Calories				6.00%		58.4%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 04/09/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001403 *TACO,SOFT,W/SEAS MIX:ELEM	1 EACH	600	262	6.88	459	15.19
000601 *RICE,MEXICAN	1/2 cup	600	126	0.35	219	23.72
001404 *VEG,REFRIED BEANS	1/2 CUP	600	140	0.00	143	24.01
000543 *FRUIT,APPLESAUCE,CND,UNSWTND	1/2 Cup	280	58	0.00	10	14.52

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	330	61	0.05	1	15.66
001291 *DESSERT,JELLO	1/2 CUP	600	72	0.00	90	17.39
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	510	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			792	7.50	1086	118.10
% of Calories				8.52%		59.6%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 04/10/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990117 *ENTREE:MACARONI & CHEESE:JTM:ELEM/TMS	6 OZ	600	317	8.90	781	28.00
000799 *ROLLS,WH WHEAT	EACH	600	121	0.33	181	20.82
990075 *VEG,BROCCOLI,STEAM ED	3/4 CUP	600	15	0.03	14	2.69
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	280	61	0.05	1	15.66
001484 *FRUIT,SIDEKICKS	EACH (1/2 CUP)	320	90	0.00	30	22.00
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			658	9.53	1161	92.56
% of Calories				13.03 %		56.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 04/14/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	600	400	2.50	640	46.00
000802 *POTATO,PUFFS,FRZ,OVEN-HEATED	1/2 CUP	600	122	1.16	307	17.76
000443 *VEG,CALIFORNIA BLEND	1/2 CUP	600	25	0.00	25	5.05
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	280	73	0.00	6	19.37
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			742	3.94	1143	108.20
% of Calories				4.78%		58.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

Tuesday - 04/15/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001486 *NACHOS W/Beef Taco Meat:Elem	SERV	600	331	3.75	549	34.75
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	600	109	0.15	4	25.65
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	280	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
001597 *DESSERT,JONNY POPS	EACH	600	50	0.25	25	10.49
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			681	4.43	748	109.40
% of Calories				5.85%		64.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 04/16/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000935 *CHICKEN CHUNKS:TYSON70362	SERV (5 EACH)	600	160	1.50	270	10.00
000799 *ROLLS,WH WHEAT	EACH	600	121	0.33	181	20.82
001371 *VEG,BAKED BEANS	.5 cup	500	157	0.20	318	35.34

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990070 *VEG,CARROT/CELERY STICKS,FRSH	3/4 CUP	600	21	0.04	77	4.58
001105 *FRUIT,MANDARINS	1/2 cup	280	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			605	2.30	966	97.53
% of Calories				3.42%		64.5%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 04/17/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	600	270	4.50	470	28.00
000139 *SALAD,TOSSED,NO DRESSING:ELEM	1.25 CUP	600	20	0.03	5	4.01
000092 *FRUIT,PINEAPPLE,CND, LT SYRUP	1/2 Cup	280	66	0.01	1	17.18
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66
000534 *COOKIE,CHOC CHIP	#40 SCOOP	600	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			649	8.22	742	91.13
% of Calories				11.40 %		56.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 04/21/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	serving	600	333	6.11	286	30.00
000802 *POTATO,PUFFS,FRZ,OVEN-HEATED	1/2 CUP	600	122	1.16	307	17.76
000366 *VEG,BROCCOLI FLORETS,FRESH	1/2 Cup	600	10	0.02	10	1.80
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
001541 *DESSERT,RICE KRISPY TRT:ELEM/TMS	EACH	600	80	0.84	30	15.00
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			706	8.40	801	94.91
% of Calories				10.71 %		53.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 04/22/2025

Reimbursable Meal Total 600

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990156 *PIGS IN A BLANKET:ELEM	EACH	600	256	7.09	472	14.77
000500 *POTATO,WEDGE	1/2 cup	600	91	0.05	29	20.51
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	600	38	0.03	63	8.77
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	280	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			577	7.44	735	82.56
% of Calories				11.60 %		57.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 04/23/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000718 *CHILI	1 CUP	600	175	2.37	328	17.59
000232 *CRACKERS,SALTINE	1 PKG	600	25	0.00	90	5.00
000932 *CHEESE-MOZZ.-STRING CHEESE	Each	600	81	3.04	192	1.01

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990186 *FRUIT,APPLESAUCE,CN D,UNSWTND (Chili Day only)	1/2 Cup	600	58	0.00	10	14.52
000154 *CINNAMON ROLLS	1.5 oz	600	190	1.15	172	30.48
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			658	6.81	959	90.60
% of Calories				9.31%		55.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 04/24/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001622 *MOZZ FILLED BREADSTICK:TFS	SERV (2 EACH)	600	279	3.98	537	29.84
001623 *MARINARA SAUCE	SERV (2 OZ)	600	36	0.23	259	5.44
001585 *SALAD:SUPERMAN:ELE M/TMS	1 CUP	600	70	0.64	78	5.98
000240 *VEG,CORN,FRZ,CKD	1/2 CUP	600	60	0.08	2	14.08
001105 *FRUIT,MANDARINS	1/2 cup	280	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			618	5.20	1049	88.02
% of Calories				7.57%		57.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 04/28/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	600	400	2.50	640	46.00
000802 *POTATO,PUFFS,FRZ,OVEN-HEATED	1/2 CUP	600	122	1.16	307	17.76
001371 *VEG,BAKED BEANS	.5 cup	600	157	0.20	318	35.34
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	280	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			870	4.14	1436	137.62
% of Calories				4.28%		63.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

Tuesday - 04/29/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000958 *SPAGHETTI AND MEAT SAUCE	1 CUP	600	366	4.51	197	40.34
001436 *BREAD,GARLIC:TFS	EACH	600	100	1.00	135	13.00
990050 *VEG.GREEN BEANS,CND,CKD	1/2 Cup	600	10	0.00	92	1.96
000248 *FRUIT,APRICOTS,CND,L T SYRUP	1/2 Cup	280	79	0.00	5	20.65
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			674	5.79	594	95.30
% of Calories				7.73%		56.6%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 04/30/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990165 *ORANGE CHICKEN:TYSON POPCORN	serving (12pcs)	600	298	2.50	383	28.16
000198 *RICE,BROWN,CKD	1/2 CUP	600	93	0.00	95	19.14
990075 *VEG,BROCCOLI,STEAM ED	3/4 CUP	600	15	0.03	14	2.69

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000106 *CHEESE SAUCE,CHEDDAR:PIONEER	2 oz	300	3	0.10	22	0.34
000092 *FRUIT,PINEAPPLE,CND,LT SYRUP	1/2 Cup	280	66	0.01	1	17.18
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			601	2.86	671	88.54
% of Calories				4.28%		58.9%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 05/01/2025

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	600	270	4.50	470	28.00
000139 *SALAD,TOSSED,NO DRESSING:ELEM	1.25 CUP	600	20	0.03	5	4.01
001105 *FRUIT,MANDARINS	1/2 cup	280	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
000534 *COOKIE,CHOC CHIP	#40 SCOOP	600	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	500	135	0.00	180	24.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	100	100	1.50	105	12.00
Weighted Daily Average			630	8.21	746	85.44
% of Calories				11.73 %		54.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages	683	6	922	99.19
% of Calories		8.04%		58.1%

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
- * - denotes combined nutrient totals with either missing or incomplete nutrient data*
- ¹ - denotes required nutrient values*
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.