

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Jan 1, 2025 thru Jan 31, 2025

Menu Name: Elementary School Lunch K-5 **Include Cost:** No
Site: 3 - Driggs Elementary
Use Alternate Menu Name: No

Monday - 01/06/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000599 *WAFFLES	1.4 oz	210	110	0.50	220	19.00
990078 *FRUIT,STRAWBERRIES,FRZ,TOPP	1/4 Cup	210	19	0.00	1	5.04
000622 *SAUSAGE PATTY	each	210	85	2.00	232	0.40
000624 *POTATO,HASHBROWN PATTY	3/4 CUP	210	195	3.00	195	21.00
990147 *KETCHUP PCS	EACH	210	10	0.00	85	2.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	210	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			610	5.76	903	85.39
% of Calories				8.50%		56.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 01/07/2025

Reimbursable Meal Total 210

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000108 *SOUP:TURKEY NOODLE	CUP	210	146	1.08	511	15.25
000957 *CHEESE,STICKS,LM PS MOZZ	EACH	210	81	3.04	192	1.01
001436 *BREAD,GARLIC:TFS	EACH	210	100	1.00	135	13.00
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	210	38	0.03	63	8.77
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	125	61	0.05	1	15.66
001105 *FRUIT,MANDARINS	1/2 cup	85	25	0.00	10	4.98
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			541	5.39	1076	71.66
% of Calories				8.97%		53.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 01/08/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001403 *TACO,SOFT,W/SEAS MIX:ELEM	1 EACH	210	262	6.88	459	15.19
001404 *VEG,REFRIED BEANS	1/2 CUP	210	140	0.00	143	24.01
000240 *VEG,CORN,FRZ,CKD	1/2 CUP	210	60	0.08	2	14.08

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000543 *FRUIT,APPLESAUCE,CN D,UNSWTND	1/2 Cup	100	58	0.00	10	14.52
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	110	61	0.05	1	15.66
001291 *DESSERT,JELLO	1/2 CUP	210	72	0.00	90	17.39
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			723	7.20	868	108.08
% of Calories				8.96%		59.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 01/09/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990117 *ENTREE:MACARONI & CHEESE:JTM:ELEM/TMS	6 OZ	210	317	8.90	781	28.00
000799 *ROLLS,WH WHEAT	EACH	210	121	0.33	181	20.82
990075 *VEG,BROCCOLI,STEAM ED	3/4 CUP	210	15	0.03	14	2.69
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
001484 *FRUIT,SIDEKICKS	EACH (1/2 CUP)	110	90	0.00	30	22.00
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			659	9.49	1162	92.79
% of Calories				12.96 %		56.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 01/13/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	210	400	2.50	640	46.00
001371 *VEG,BAKED BEANS	.5 cup	210	157	0.20	318	35.34
000443 *VEG,CALIFORNIA BLEND	1/2 CUP	210	25	0.00	25	5.05
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	100	73	0.00	6	19.37
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	110	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			779	2.94	1156	126.10
% of Calories				3.40%		64.7%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Planned Menu Spreadsheet

Portion Values

Jan 1, 2025 thru Jan 31, 2025

Tuesday - 01/14/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001486 *NACHOS W/Beef Taco Meat:Elem	SERV	210	331	3.75	549	34.75
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	210	109	0.15	4	25.65
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	210	61	0.05	1	15.66
001597 *DESSERT,JONNY POPS	EACH	210	50	0.25	25	10.49
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			680	4.41	747	108.83
% of Calories				5.84%		64.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 01/15/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001557 *CHICKEN DRUMSTICKS: TYSON	EACH	210	160	2.50	320	2.00
001488 *POTATO,MASHED,FRZ: McCAIN	1/2 CUP	210	110	1.00	190	17.97
000962 *GRAVY,COUNTRY	1/4 CUP	210	40	0.99	141	5.97
000799 *ROLLS,WH WHEAT	EACH	210	121	0.33	181	20.82

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Teton School Dist #401

Jan 1, 2025 thru Jan 31, 2025

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000366 *VEG,BROCCOLI FLORETS,FRESH	1/2 Cup	210	10	0.02	10	1.80
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	210	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			631	5.10	1011	86.50
% of Calories				7.27%		54.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 01/16/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	210	270	4.50	470	28.00
000139 *SALAD,TOSSED,NO DRESSING:ELEM	1.25 CUP	210	20	0.03	5	4.01
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	100	73	0.00	6	19.37
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	110	61	0.05	1	15.66
000534 *COOKIE,CHOC CHIP	#40 SCOOP	210	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			653	8.18	747	92.47
% of Calories				11.27 %		56.6%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 01/20/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001127 *SANDWICH,PULLED PORK BBQ	EACH	210	279	1.90	446	36.62
000399 *SALAD - COLESLAW	5/8 CUP	210	51	0.50	58	4.72
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	210	61	0.05	1	15.66
001291 *DESSERT,JELLO	1/2 CUP	210	72	0.00	90	17.39
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			593	2.66	764	96.68
% of Calories				4.04%		65.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 01/21/2025

Reimbursable Meal Total 210

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990177 Mini Corndog, WG, Foster Farms	Serv (6 piece)	210	263	3.54	476	30.37
000500 *POTATO,WEDGE	1/2 cup	210	91	0.05	29	20.51
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	210	38	0.03	63	8.77
000248 *FRUIT,APRICOTS,CND,L T SYRUP	1/2 Cup	100	79	0.00	5	20.65
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	110	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			591	3.86	741	99.98
% of Calories				5.88%		67.7%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 01/22/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000718 *CHILI	1 CUP	210	175	2.37	328	17.59
000232 *CRACKERS,SALTINE	1 PKG	210	25	0.00	90	5.00
000932 *CHEESE-MOZZ.-STRING CHEESE	Each	210	81	3.04	192	1.01
990186 *FRUIT,APPLESAUCE,CND,UNSWTND (Chili Day only)	1/2 Cup	210	58	0.00	10	14.52

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000154 *CINNAMON ROLLS	1.5 oz	210	190	1.15	172	30.48
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			659	6.77	961	90.89
% of Calories				9.25%		55.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 01/23/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001622 *MOZZ FILLED BREADSTICK:TFS	SERV (2 EACH)	210	279	3.98	537	29.84
001623 *MARINARA SAUCE	SERV (2 OZ)	210	36	0.23	259	5.44
001585 *SALAD:SUPERMAN:ELE M/TMS	1 CUP	210	70	0.64	78	5.98
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	210	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			576	5.11	1044	79.21
% of Calories				7.98%		55.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Planned Menu Spreadsheet

Portion Values

Jan 1, 2025 thru Jan 31, 2025

Monday - 01/27/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	serving	210	333	6.11	286	30.00
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	210	122	1.16	307	17.76
001371 *VEG,BAKED BEANS	.5 cup	210	157	0.20	318	35.34
000092 *FRUIT,PINEAPPLE,CND, LT SYRUP	1/2 Cup	100	66	0.01	1	17.18
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	110	61	0.05	1	15.66
001541 *DESSERT,RICE KRISPY TRT:ELEM/TMS	EACH	210	80	0.84	30	15.00
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			885	8.55	1112	136.77
% of Calories				8.69%		61.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 01/28/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001279 *LASAGNA W/GRND BEEF	SERVINGS	210	229	3.83	336	18.59
001436 *BREAD,GARLIC:TFS	EACH	210	100	1.00	135	13.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990050 *VEG, GREEN BEANS, CND, CKD	1/2 Cup	210	10	0.00	92	1.96
000437 *FRUIT, PEACHES, CANNE D, LT SYRUP	1/2 Cup	100	65	0.00	6	17.49
000245 *FRUIT, FRESH, ASSORTE D	EACH (1/2 c. F)	110	61	0.05	1	15.66
000661 *MILK: ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK: WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			532	5.07	736	72.38
% of Calories				8.58%		54.4%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 01/29/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990121 *TERIYAKI CHICKEN: YANGS: ELEM	SERV (2.4oz)	210	115	1.00	331	6.02
990167 *Fried Rice	1/2 cup	210	174	0.91	155	28.04
990075 *VEG, BROCCOLI, STEAM ED	3/4 CUP	210	15	0.03	14	2.69
000092 *FRUIT, PINEAPPLE, CND, LT SYRUP	1/2 Cup	100	66	0.01	1	17.18
000245 *FRUIT, FRESH, ASSORTE D	EACH (1/2 c. F)	110	61	0.05	1	15.66
000661 *MILK: ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			497	2.18	671	75.43
% of Calories				3.95%		60.7%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 01/30/2025

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	210	270	4.50	470	28.00
000139 *SALAD,TOSSD,NO DRESSING:ELEM	1.25 CUP	210	20	0.03	5	4.01
001105 *FRUIT,MANDARINS	1/2 cup	100	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	110	61	0.05	1	15.66
000534 *COOKIE,CHOC CHIP	#40 SCOOP	210	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	180	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	30	100	1.50	105	12.00
Weighted Daily Average			631	8.17	748	85.62
% of Calories				11.65 %		54.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Jan 1, 2025 thru Jan 31, 2025

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages	640	6	903	94.30
% of Calories		7.99%		58.9%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.