

Planned Menu Spreadsheet

Portion Values

Menu Name: Elementary School Lunch K-5
Site: All Sites
Use Alternate Menu Name: No

Include Cost: No
Report Style: Detailed

Monday - 08/26/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000145 NO SCHOOL TODAY						
Weighted Daily Average			0	0.00	0	0.00
% of Calories				0%		0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 08/27/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001581 *SANDWICH,HAM	EACH	600	181	1.00	772	22.52
001389 *CHIP ASST.	each	600	118	0.62	171	15.38
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	600	38	0.03	63	8.77
001105 *FRUIT,MANDARINS	1/2 cup	280	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			497	1.93	1181	76.00
% of Calories				3.49%		61.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 08/28/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001403 *TACO,SOFT,W/SEAS MIX:ELEM	1 EACH	600	262	6.88	459	15.19
001404 *VEG,REFRIED BEANS	1/2 CUP	600	140	0.00	143	24.01
000240 *VEG,CORN,FRZ,CKD	1/2 CUP	600	60	0.08	2	14.08
000543 *FRUIT,APPLESAUCE,CND,UNSWTND	1/2 Cup	280	58	0.00	10	14.52
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
001291 *DESSERT,JELLO	1/2 CUP	600	72	0.00	90	17.39
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			710	7.23	868	104.47
% of Calories				9.16%		58.9%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 08/29/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000599 *WAFFLES	1.4 oz	600	110	0.50	220	19.00
990078 *FRUIT,STRAWBERRIES,FRZ,TOPP	1/4 Cup	600	19	0.00	1	5.04
000622 *SAUSAGE PATTY	each	600	85	2.00	232	0.40
000624 *POTATO,HASHBROWN PATTY	3/4 CUP	600	195	3.00	195	21.00
990147 *KETCHUP PCS	EACH	600	10	0.00	85	2.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	600	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			597	5.80	903	81.78
% of Calories				8.74%		54.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 09/03/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001486 *NACHOS W/Beef Taco Meat:Elem	SERV	600	331	3.75	549	34.75
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	600	109	0.15	4	25.65
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	600	61	0.05	1	15.66
001597 *DESSERT,JONNY POPS	EACH	600	50	0.25	25	10.49
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			667	4.45	747	105.21
% of Calories				6.00%		63.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 09/04/2024

Reimbursable Meal Total 600

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000935 *CHICKEN CHUNKS:TYSON70362	SERV (5 EACH)	600	160	1.50	270	10.00
990070 *VEG,CARROT/CELERY STICKS,FRSH	3/4 CUP	600	21	0.04	77	4.58
001371 *VEG,BAKED BEANS	.5 cup	500	157	0.20	318	35.34
000799 *ROLLS,WH WHEAT	EACH	600	121	0.33	181	20.82
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	600	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			609	2.33	963	99.18
% of Calories				3.44%		65.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 09/05/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	600	270	4.50	470	28.00
000139 *SALAD,TOSSED,NO DRESSING:ELEM	1.25 CUP	600	20	0.03	5	4.01
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	280	73	0.00	6	19.37
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000534 *COOKIE,CHOC CHIP	#40 SCOOP	600	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED	PL JUG	430	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	95	100	1.50	115	12.00
Weighted Daily Average			625	8.20	724	86.39
% of Calories				11.81 %		55.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 09/09/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	600	400	2.50	640	46.00
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	600	122	1.16	307	17.76
000443 *VEG,CALIFORNIA BLEND	1/2 CUP	600	25	0.00	25	5.05
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	280	73	0.00	6	19.37
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			730	3.94	1145	104.87
% of Calories				4.86%		57.5%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 09/10/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990177 Mini Corndog, WG, Foster Farms	Serv (6 piece)	600	263	3.54	476	30.37
000500 *POTATO,WEDGE	1/2 cup	600	91	0.05	29	20.51
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	600	38	0.03	63	8.77
000248 *FRUIT,APRICOTS,CND,L T SYRUP	1/2 Cup	280	79	0.00	5	20.65
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			578	3.90	740	96.31
% of Calories				6.07%		66.7%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 09/11/2024

Reimbursable Meal Total 600

Planned Menu Spreadsheet

Portion Values

Aug 26, 2024 thru Sep 27, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000718 *CHILI	1 CUP	600	175	2.37	328	17.59
000232 *CRACKERS,SALTINE	1 PKG	600	25	0.00	90	5.00
000932 *CHEESE-MOZZ.-STRING CHEESE	Each	600	81	3.04	192	1.01
990186 *FRUIT,APPLESAUCE,CND,UNSWTND (Chili Day only)	1/2 Cup	600	58	0.00	10	14.52
000154 *CINNAMON ROLLS	1.5 oz	600	190	1.15	172	30.48
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			645	6.81	961	87.27
% of Calories				9.50%		54.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 09/12/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001622 *MOZZ FILLED BREADSTICK:TFS	SERV (2 EACH)	600	279	3.98	537	29.84
001623 *MARINARA SAUCE	SERV (2 OZ)	600	36	0.23	259	5.44
001585 *SALAD:SUPERMAN:ELE M/TMS	1 CUP	600	70	0.64	78	5.98

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	600	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			562	5.14	1044	75.60
% of Calories				8.23%		53.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 09/16/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001512 *LETTUCE ROMAINE	SERV	600	16	0.04	8	3.09
990199 Ham, 97% Fat Free,Cooked,Diced	1.22oz	600	38	1.02	236	2.03
990197 Cheese,Cheddar,Shred	.25 cup	600	114	5.33	184	0.95
990195 Veg,Carrot,Raw,Shred	.25	500	11	0.01	19	2.63
990193 Cucumber,peeled,raw	.25	500	1	0.01	0	0.32
990196 Tomato:Grape	3 each	300	30	0.00	0	6.00
990192 *VEG,BLACK BEANS,SEASONED	.25 cup	100	66	0.04	102	11.91
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	600	61	0.05	1	15.66

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001526 *CRACKERS, GRAHAMS, SCOOBY	EACH	600	120	1.00	115	21.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			502	7.70	746	68.86
% of Calories				13.80 %		54.9%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 09/17/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000958 *SPAGHETTI AND MEAT SAUCE	1 CUP	600	366	4.51	197	40.34
001436 *BREAD,GARLIC:TFS	EACH	600	100	1.00	135	13.00
990050 *VEG, GREEN BEANS, CND, CKD	1/2 Cup	600	10	0.00	92	1.96
000437 *FRUIT, PEACHES, CANNE D, LT SYRUP	1/2 Cup	280	65	0.00	6	17.49
000245 *FRUIT, FRESH, ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			655	5.79	596	90.49
% of Calories				7.96%		55.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 09/18/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990121 *TERIYAKI CHICKEN:YANGS:ELEM	SERV (2.4oz)	600	115	1.00	331	6.02
990167 *Fried Rice	1/2 cup	600	174	0.91	155	28.04
990075 *VEG,BROCCOLI,STEAMED	3/4 CUP	600	15	0.03	14	2.69
000092 *FRUIT,PINEAPPLE,CND,LT SYRUP	1/2 Cup	280	66	0.01	1	17.18
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	330	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	510	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			487	2.22	674	72.39
% of Calories				4.10%		59.5%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Planned Menu Spreadsheet

Portion Values

Aug 26, 2024 thru Sep 27, 2024

Thursday - 09/19/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	600	270	4.50	470	28.00
000139 *SALAD,TOSSED,NO DRESSING:ELEM	1.25 CUP	600	20	0.03	5	4.01
001105 *FRUIT,MANDARINS	1/2 cup	280	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	320	61	0.05	1	15.66
000534 *COOKIE,CHOC CHIP	#40 SCOOP	600	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			618	8.21	748	82.10
% of Calories				11.96 %		53.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 09/23/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990117 *ENTREE:MACARONI & CHEESE:JTM:ELEM/TMS	6 OZ	600	317	8.90	781	28.00
000799 *ROLLS,WH WHEAT	EACH	600	121	0.33	181	20.82
990075 *VEG,BROCCOLI,STEAMED	3/4 CUP	600	15	0.03	14	2.69

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	280	61	0.05	1	15.66
001484 *FRUIT,SIDEKICKS	EACH (1/2 CUP)	320	90	0.00	30	22.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			646	9.53	1162	89.23
% of Calories				13.28 %		55.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 09/24/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000712 *SANDWICH,PBJ:UNCRU STABLE	EACH	600	320	3.00	350	33.00
001389 *CHIP ASST.	each	600	118	0.62	171	15.38
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	600	38	0.03	63	8.77
001105 *FRUIT,MANDARINS	1/2 cup	280	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	320	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			636	3.93	759	86.49
% of Calories				5.56%		54.4%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 09/25/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001403 *TACO,SOFT,W/SEAS MIX:ELEM	1 EACH	600	262	6.88	459	15.19
000601 *RICE,MEXICAN	1/2 cup	600	126	0.35	219	23.72
001404 *VEG,REFRIED BEANS	1/2 CUP	600	140	0.00	143	24.01
000543 *FRUIT,APPLESAUCE,CND,UNSWTND	1/2 Cup	280	58	0.00	10	14.52
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	330	61	0.05	1	15.66
001291 *DESSERT,JELLO	1/2 CUP	600	72	0.00	90	17.39
000661 *MILK:ASST-FF FLAVORED	PL JUG	510	120	0.00	180	20.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			779	7.50	1088	114.70
% of Calories				8.66%		58.9%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 09/26/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000599 *WAFFLES	1.4 oz	600	110	0.50	220	19.00
990078 *FRUIT,STRAWBERRIES, FRZ,TOPP	1/4 Cup	600	19	0.00	1	5.04
000622 *SAUSAGE PATTY	each	600	85	2.00	232	0.40
000624 *POTATO,HASHBROWN PATTY	3/4 CUP	600	195	3.00	195	21.00
990147 *KETCHUP PCS	EACH	600	10	0.00	85	2.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	600	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

Planned Menu Spreadsheet

Portion Values

Aug 26, 2024 thru Sep 27, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			597	5.80	903	81.78
% of Calories				8.74%		54.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages	619	6	886	89.06
% of Calories		8.11%		57.6%

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
- * - denotes combined nutrient totals with either missing or incomplete nutrient data*
- ¹ - denotes required nutrient values*
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.