

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

May 1, 2024 thru May 31, 2024

Menu Name: Elementary School Lunch K-5

Include Cost: No

Site: All Sites

Report Style: Detailed

Use Alternate Menu Name: No

Wednesday - 05/01/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990119 *ALFREDO PASTA:ELEM	1 CUP	600	377	6.71	773	49.13
000799 *ROLLS,WH WHEAT	EACH	600	121	0.33	181	20.82
990075 *VEG,BROCCOLI,STEAM ED	3/4 CUP	600	15	0.03	14	2.69
000543 *FRUIT,APPLESAUCE,CN D,UNSWTND	1/2 Cup	600	58	0.00	10	14.52
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			687	7.32	1147	105.83
% of Calories				9.59%		61.6%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 05/02/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001403 *TACO,SOFT,W/SEAS MIX:ELEM	1 EACH	600	262	6.88	459	15.19

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000601 *RICE,MEXICAN	1/2 cup	600	126	0.35	219	23.72
001404 *VEG,REFRIED BEANS	1/2 CUP	600	140	0.00	143	24.01
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	600	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			706	7.52	990	97.25
% of Calories				9.59%		55.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Friday - 05/03/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	600	270	4.50	470	28.00
000139 *SALAD,TOSSD,NO DRESSING:ELEM	1.25 CUP	600	20	0.03	5	4.01
000627 *DRESSING,RANCH LITE:BASIC	EACH	600	80	1.50	200	2.00
001105 *FRUIT,MANDARINS	1/2 cup	600	25	0.00	10	4.98
990143 *COOKIES:DICK & JANE EDUCATIONAL COOKIES	EACH	210	120	0.00	65	22.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			554	6.28	877	65.36
% of Calories				10.20 %		47.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 05/06/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001592 *TACO,WALKING,W/SEAS MIX:SEC	1 EACH	600	442	9.52	778	31.17
001404 *VEG,REFRIED BEANS	1/2 CUP	600	140	0.00	143	24.01
990064 *FRUIT,PEARS,CND,LT SYRUP	CUP	600	146	0.01	13	38.75
000710 *DESSERT,CHURROS	each	600	150	1.00	60	27.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	505	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	95	100	1.50	115	12.00
Weighted Daily Average			994	10.76	1164	139.66
% of Calories				9.74%		56.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 05/07/2024

Reimbursable Meal Total 600

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	-serving	600	333	6.11	286	30.00
000325 *KETCHUP	OZ	600	33	0.00	267	8.34
000277 *MUSTARD	1 TSP	600	14	0.00	170	0.00
990048 *PICKLES,DILL CHIPS *RESIZED*	2 EACH	600	2	0.00	170	0.28
001371 *VEG,BAKED BEANS	.5 cup	600	157	0.20	318	35.34
000500 *POTATO,WEDGE	1/2 cup	600	91	0.05	29	20.51
000092 *FRUIT,PINEAPPLE,CND, LT SYRUP	1/2 Cup	600	66	0.01	1	17.18
000661 *MILK:ASST-FF FLAVORED	PL JUG	505	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	95	100	1.50	115	12.00
Weighted Daily Average			814	6.60	1412	130.39
% of Calories				7.30%		64.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 05/08/2024

Reimbursable Meal Total 600

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000631 *COOKS CHOICE						
Weighted Daily Average			0	0.00	0	0.00
% of Calories				0%		0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 05/09/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000349 *SANDWICH,TURKEY	EACH	600	203	0.00	414	31.00
000993 POTATO CHIPS-PLAIN-LAYS-ELEM	.5 OZ	600	80	0.50	90	8.00
000957 *CHEESE,STICKS,LM PS MOZZ	EACH	600	81	3.04	192	1.01
990148 *SALAD:SUPERMAN:ELE M/TMS	3/4 CUP	600	52	0.48	59	4.48
001105 *FRUIT,MANDARINS	1/2 cup	600	25	0.00	10	4.98
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			558	4.27	934	68.14
% of Calories				6.89%		48.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Friday - 05/10/2024

Reimbursable Meal Total 600

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000599 *WAFFLES	1.4 oz	600	110	0.50	220	19.00
990078 *FRUIT,STRAWBERRIES, FRZ,TOPP	1/4 Cup	600	19	0.00	1	5.04
990079 *WHIPPED TOPPING:RICH'S ON TOP *RESIZED*	Tbsp	600	14	1.13	0	1.13
000622 *SAUSAGE PATTY	each	600	85	2.00	232	0.40
000624 *POTATO,HASHBROWN PATTY	3/4 CUP	600	195	3.00	195	21.00
990147 *KETCHUP PCS	EACH	600	10	0.00	85	2.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	600	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			611	6.93	903	82.91
% of Calories				10.21 %		54.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 05/13/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001486 *NACHOS W/Beef Taco Meat:Elem	SERV	600	331	3.75	549	34.75

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	600	109	0.15	4	25.65
000419 *FRUIT,COCKTAIL,CND,L T SYRUP	1/2 Cup	600	73	0.01	8	19.07
001541 *DESSERT,RICE KRISPY TRT:ELEM/TMS	EACH	600	80	0.84	30	15.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			709	5.00	759	113.13
% of Calories				6.35%		63.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 05/14/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990121 *TERIYAKI CHICKEN:YANGS:ELEM	SERV (2.4oz)	600	115	1.00	331	6.02
990122 *CHOW MEIN NOODLES W/VEG:Elem/TMS	SERV (3/4 CUP)	600	181	0.01	573	31.90
000258 *VEG,BROCCOLI,STEAM ED	1/2 CUP	600	10	0.02	10	1.80
000103 *CHEESE SAUCE- PIONEER	1/4 cup	600	50	1.01	424	5.05
000092 *FRUIT,PINEAPPLE,CND, LT SYRUP	1/2 Cup	600	66	0.01	1	17.18
990124 *LONG JOHN DONUTS:ELEM	1/2 EACH	600	137	3.00	180	17.05

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			677	5.31	1689	97.66
% of Calories				7.06%		57.7%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 05/15/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000631 *COOKS CHOICE						
Weighted Daily Average			0	0.00	0	0.00
% of Calories				0%		0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 05/16/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	600	400	2.50	640	46.00
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	600	122	1.16	307	17.76

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990081 *KETCHUP *RESIZED*	.5 OZ	600	17	0.00	133	4.17
990150 *VEG,CALIFORNIA BLEND	3/4 CUP	600	34	0.00	34	6.73
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	600	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			801	4.02	1285	122.21
% of Calories				4.52%		61.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Friday - 05/17/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001091 *BURRITO,BEAN&CHEES E:LOS CABOS	4 OZ	600	261	2.38	365	42.33
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	600	109	0.15	4	25.65
000543 *FRUIT,APPLESAUCE,CN D,UNSWTND	1/2 Cup	600	58	0.00	10	14.52
001291 *DESSERT,JELLO	1/2 CUP	600	72	0.00	90	17.39
990079 *WHIPPED TOPPING:RICH'S ON TOP *RESIZED*	Tbsp	600	14	1.13	0	1.13
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			630	3.91	638	119.69
% of Calories				5.59%		76.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 05/20/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000631 *COOKS CHOICE						
Weighted Daily Average			0	0.00	0	0.00
% of Calories				0%		0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 05/21/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	serving	600	333	6.11	286	30.00
990147 *KETCHUP PCS	EACH	600	10	0.00	85	2.00
000277 *MUSTARD	1 TSP	600	14	0.00	170	0.00
990048 *PICKLES,DILL CHIPS *RESIZED*	2 EACH	600	2	0.00	170	0.28

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000500 *POTATO,WEDGE	1/2 cup	600	91	0.05	29	20.51
000022 *VEG,CARROT STICKS,FRESH	1/2 Cup	600	25	0.02	42	5.84
000627 *DRESSING,RANCH LITE:BASIC	EACH	600	80	1.50	200	2.00
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	600	73	0.00	6	19.37
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			745	7.93	1159	98.68
% of Calories				9.58%		53.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 05/22/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000718 *CHILI	1 CUP	600	175	2.37	328	17.59
000232 *CRACKERS,SALTINE	1 PKG	600	25	0.00	90	5.00
000932 *CHEESE-MOZZ.-STRING CHEESE	Each	600	81	3.04	192	1.01
000543 *FRUIT,APPLESAUCE,CN D,UNSWTND	1/2 Cup	600	58	0.00	10	14.52
000154 *CINNAMON ROLLS	1.5 oz	600	190	1.15	172	30.48

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			645	6.81	961	87.27
% of Calories				9.50%		54.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 05/23/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000345 *RIB-B-Q W/ BUN	EACH	600	307	3.55	912	29.94
001585 *SALAD:SUPERMAN:ELE M/TMS	1 CUP	600	70	0.64	78	5.98
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	600	113	0.10	1	28.88
000949 *DESSERT,PUDDING,CH OC	1/2 CUP	600	130	2.50	190	26.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	510	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	90	100	1.50	115	12.00
Weighted Daily Average			737	7.01	1352	109.60
% of Calories				8.56%		59.5%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

Friday - 05/24/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	600	270	4.50	470	28.00
000139 *SALAD,TOSSED,NO DRESSING:ELEM	1.25 CUP	600	20	0.03	5	4.01
000627 *DRESSING,RANCH LITE:BASIC	EACH	600	80	1.50	200	2.00
001105 *FRUIT,MANDARINS	1/2 cup	600	25	0.00	10	4.98
001484 *FRUIT,SIDEKICKS	EACH (1/2 CUP)	600	90	0.00	30	22.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			602	6.28	884	79.66
% of Calories				9.39%		52.9%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 05/28/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	600	400	2.50	640	46.00
900034 POTATO SALAD	1/2 CUP	600	187	0.83	511	29.99
000240 *VEG,CORN,FRZ,CKD	1/2 CUP	600	60	0.08	2	14.08

Planned Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000419 *FRUIT, COCKTAIL, COND, L T SYRUP	1/2 Cup	600	73	0.01	8	19.07
000661 *MILK:ASST-FF FLAVORED	PL JUG	500	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	100	100	1.50	115	12.00
Weighted Daily Average			836	3.67	1330	127.80
% of Calories				3.95%		61.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 05/29/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000631 *COOKS CHOICE						
Weighted Daily Average			0	0.00	0	0.00
% of Calories				0%		0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 05/30/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000935 *CHICKEN CHUNKS:ELM TYSON70362	SERV (5 EACH)	600	160	1.50	270	10.00

Planned Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000123 *BBQ SAUCE:VES	1 oz	600	30	0.10	212	6.02
000799 *ROLLS,WH WHEAT	EACH	600	121	0.33	181	20.82
990070 *VEG,CARROT/CELERY STICKS,FRSH	3/4 CUP	600	21	0.04	77	4.58
000627 *DRESSING,RANCH LITE:BASIC	EACH	600	80	1.50	200	2.00
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	600	73	0.00	6	19.37
000661 *MILK:ASST-FF FLAVORED	PL JUG	505	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	95	100	1.50	115	12.00
Weighted Daily Average			600	3.71	1116	81.53
% of Calories				5.56%		54.4%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Friday - 05/31/2024

Reimbursable Meal Total 600

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000631 *COOKS CHOICE						
Weighted Daily Average			0	0.00	0	0.00
% of Calories				0%		0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Planned Menu Spreadsheet

Portion Values

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages	700	6	1094	101.57
% of Calories		7.82%		58.0%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.