

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Feb 1, 2024 thru Feb 29, 2024

Menu Name: Elementary School Lunch K-5
Site: 3 - Driggs Elementary
Use Alternate Menu Name: No

Include Cost: No
Report Style: Detailed

Thursday - 02/01/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001403 *TACO,SOFT,W/SEAS MIX:ELEM	1 EACH	210	262	6.88	459	15.19
000601 *RICE,MEXICAN	1/2 cup	210	126	0.35	219	23.72
001404 *VEG,REFRIED BEANS	1/2 CUP	210	140	0.00	143	24.01
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	210	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			706	7.48	992	97.44
% of Calories				9.54%		55.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Friday - 02/02/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001627 *PIZZA RIPPERS,CHEESE	EACH	210	270	4.50	470	28.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000139 *SALAD,TOSSD,NO DRESSING:ELEM	1.25 CUP	210	20	0.03	5	4.01
000627 *DRESSING,RANCH LITE:BASIC	EACH	210	80	1.50	200	2.00
001105 *FRUIT,MANDARINS	1/2 cup	210	25	0.00	10	4.98
000534 *COOKIE,CHOC CHIP	#40 SCOOP	210	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			679	9.65	955	78.59
% of Calories				12.79 %		46.3%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 02/05/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000935 *CHICKEN CHUNKS:ELM TYSON70362	SERV (5 EACH)	210	160	1.50	270	10.00
990147 *KETCHUP PCS	EACH	210	10	0.00	85	2.00
000799 *ROLLS,WH WHEAT	EACH	210	121	0.33	181	20.82
990070 *VEG,CARROT/CELERY STICKS,FRSH	3/4 CUP	210	21	0.04	77	4.58
000627 *DRESSING,RANCH LITE:BASIC	EACH	210	80	1.50	200	2.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	210	73	0.00	6	19.37
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			581	3.58	990	77.64
% of Calories				5.55%		53.5%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 02/06/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	serving	210	333	6.11	286	30.00
990147 *KETCHUP PCS	EACH	210	10	0.00	85	2.00
000277 *MUSTARD	1 TSP	210	14	0.00	170	0.00
990048 *PICKLES,DILL CHIPS *RESIZED*	2 EACH	210	2	0.00	170	0.28
001371 *VEG,BAKED BEANS	.5 cup	210	157	0.20	318	35.34
000500 *POTATO,WEDGE	1/2 cup	210	91	0.05	29	20.51
000092 *FRUIT,PINEAPPLE,CND, LT SYRUP	1/2 Cup	210	66	0.01	1	17.18
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00

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Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			791	6.58	1232	124.17
% of Calories				7.49%		62.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 02/07/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001582 *CASSEROLE: CHICK CORDON BLEU	each	210	298	6.22	673	21.79
990075 *VEG,BROCCOLI,STEAMED	3/4 CUP	210	15	0.03	14	2.69
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	210	65	0.00	6	17.49
990116 *CHURRO CRACKERS	EACH	210	110	0.00	75	21.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			605	6.47	939	81.83
% of Calories				9.62%		54.1%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 02/08/2024

Reimbursable Meal Total 210

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Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990151 *SOUP,TOMATO	3/4 CUP	210	101	0.60	370	18.34
001321 *SANDWICH,TOASTED CHEESE	each	210	150	3.00	560	18.00
990148 *SALAD:SUPERMAN:ELE M/TMS	3/4 CUP	210	52	0.48	59	4.48
001105 *FRUIT,MANDARINS	1/2 cup	210	25	0.00	10	4.98
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			446	4.30	1170	64.66
% of Calories				8.68%		58.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Friday - 02/09/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990118 *WAFFLES,DUTCH:J&J	EACH	210	300	3.00	350	43.00
990078 *FRUIT,STRAWBERRIES, FRZ,TOPP	1/4 Cup	210	19	0.00	1	5.04
990079 *WHIPPED TOPPING:RICH'S ON TOP *RESIZED*	Tbsp	210	14	1.13	0	1.13
000622 *SAUSAGE PATTY	each	210	85	2.00	232	0.40
000624 *POTATO,HASHBROWN PATTY	3/4 CUP	210	195	3.00	195	21.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990147 *KETCHUP PCS	EACH	210	10	0.00	85	2.00
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	210	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			801	9.40	1034	107.10
% of Calories				10.56 %		53.5%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 02/12/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001486 *NACHOS W/Beef Taco Meat:Elem	SERV	210	331	3.75	549	34.75
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	210	109	0.15	4	25.65
000419 *FRUIT,COCKTAIL,CND,L T SYRUP	1/2 Cup	210	73	0.01	8	19.07
001541 *DESSERT,RICE KRISPY TRT:ELEM/TMS	EACH	210	80	0.84	30	15.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			710	4.97	761	113.32
% of Calories				6.30%		63.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 02/13/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990121 *TERIYAKI CHICKEN:YANGS:ELEM	SERV (2.4oz)	210	115	1.00	331	6.02
990167 Fried Rice	1/2 cup	210	178	0.91	748	28.52
990075 *VEG,BROCCOLI,STEAMED	3/4 CUP	210	15	0.03	14	2.69
000103 *CHEESE SAUCE-PIONEER	1/4 cup	210	50	1.01	424	5.05
000092 *FRUIT,PINEAPPLE,CND,LT SYRUP	1/2 Cup	210	66	0.01	1	17.18
001545 *CRACKERS,GRAHAMS,BUG BITES	BAG	210	120	1.00	115	21.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00

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Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			663	4.18	1805	99.32
% of Calories				5.67%		59.9%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 02/14/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001279 *LASAGNA W/GRND BEEF	SERVINGS	210	229	3.83	336	18.59
001436 *BREADSTICKS,GARLIC:TFS	EACH	210	100	1.00	135	13.00
990050 *VEG,GREEN BEANS,CND,CKD	1/2 Cup	210	10	0.00	92	1.96
001105 *FRUIT,MANDARINS	1/2 cup	210	25	0.00	10	4.98
001335 *LONG JOHN DONUTS:SEC	EACH	210	274	6.01	361	34.10
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			755	11.06	1104	91.49
% of Calories				13.18 %		48.5%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 02/15/2024

Reimbursable Meal Total 210

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Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	210	400	2.50	640	46.00
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	210	122	1.16	307	17.76
990147 *KETCHUP PCS	EACH	210	10	0.00	85	2.00
000443 *VEG,CALIFORNIA BLEND	1/2 CUP	210	25	0.00	25	5.05
001485 *FRUIT,STRAWBERRIES, FROZ,CUP	EACH (1/2 CUP)	210	80	0.00	1	21.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			754	3.88	1229	110.66
% of Calories				4.63%		58.7%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 02/20/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	serving	210	333	6.11	286	30.00
990147 *KETCHUP PCS	EACH	210	10	0.00	85	2.00
000277 *MUSTARD	1 TSP	210	14	0.00	170	0.00
990048 *PICKLES,DILL CHIPS *RESIZED*	2 EACH	210	2	0.00	170	0.28

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Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000500 *POTATO,WEDGE	1/2 cup	210	91	0.05	29	20.51
000022 *VEG,CARROT STICKS,FRESH	1/2 Cup	210	25	0.02	42	5.84
000627 *DRESSING,RANCH LITE:BASIC	EACH	210	80	1.50	200	2.00
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	210	73	0.00	6	19.37
990143 *COOKIES:DICK & JANE EDUCATIONAL COOKIES	EACH	210	120	0.00	65	22.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			866	7.89	1225	120.87
% of Calories				8.20%		55.8%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 02/21/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000718 *CHILI	1 CUP	210	175	2.37	328	17.59
000232 *CRACKERS,SALTINE	1 PKG	210	25	0.00	90	5.00
000932 *CHEESE-MOZZ.-STRING CHEESE	Each	210	81	3.04	192	1.01
000543 *FRUIT,APPLESAUCE,CN D,UNSWTND	1/2 Cup	210	58	0.00	10	14.52

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Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000154 *CINNAMON ROLLS	1.5 oz	210	190	1.15	172	30.48
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			646	6.77	963	87.46
% of Calories				9.43%		54.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 02/22/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001622 *MOZZ FILLED BREADSTICK:TFS	SERV (2 EACH)	210	279	3.98	537	29.84
001623 *MARINARA SAUCE	SERV (2 OZ)	210	36	0.23	259	5.44
001585 *SALAD:SUPERMAN:ELE M/TMS	1 CUP	210	70	0.64	78	5.98
001485 *FRUIT,STRAWBERRIES, FROZ,CUP	EACH (1/2 CUP)	210	80	0.00	1	21.00
000949 *DESSERT,PUDDING,CH OC	1/2 CUP	210	130	2.50	190	26.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00

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Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			712	7.56	1236	107.12
% of Calories				9.56%		60.2%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Friday - 02/23/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001127 *SANDWICH,PULLED PORK BBQ	EACH	210	279	1.90	446	36.62
001389 *CHIP ASST.	each	210	118	0.62	171	15.38
000399 *SALAD - COLESLAW	5/8 CUP	210	51	0.50	58	4.72
001484 *FRUIT,SIDEKICKS	EACH (1/2 CUP)	210	90	0.00	30	22.00
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			655	3.24	876	97.57
% of Calories				4.45%		59.6%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Monday - 02/26/2024

Reimbursable Meal Total 210

Planned Menu Spreadsheet

Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001091 *BURRITO,BEAN&CHEESE:LOS CABOS	4 OZ	210	261	2.38	365	42.33
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	210	109	0.15	4	25.65
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	210	65	0.00	6	17.49
000802 *POTATO,PUFFS,FRZ,OVEN-HEATED	1/2 CUP	210	122	1.16	307	17.76
000496 *WHIPPED TOPPING:RICH'S ON TOP	2 Tbsp	210	28	2.27	0	2.27
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			702	6.18	852	124.35
% of Calories				7.92%		70.9%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Tuesday - 02/27/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001557 *CHICKEN DRUMSTICKS: TYSON	EACH	210	160	2.50	320	2.00
000953 *POTATO,MASHED:EXCEL	1/2 CUP	210	90	0.00	374	17.04
000962 *GRAVY,COUNTRY	1/4 CUP	210	40	0.99	141	5.97
000799 *ROLLS,WH WHEAT	EACH	210	121	0.33	181	20.82

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001629 *VEG,CARROTS,GLAZED	1/2 CUP	210	43	0.09	81	9.60
000419 *FRUIT,COCKTAIL,CND,L T SYRUP	1/2 Cup	210	73	0.01	8	19.07
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			644	4.14	1276	93.35
% of Calories				5.79%		58.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Wednesday - 02/28/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990119 *ALFREDO PASTA:ELEM	1 CUP	210	377	6.71	773	49.13
000799 *ROLLS,WH WHEAT	EACH	210	121	0.33	181	20.82
990075 *VEG,BROCCOLI,STEAM ED	3/4 CUP	210	15	0.03	14	2.69
000543 *FRUIT,APPLESAUCE,CN D,UNSWTND	1/2 Cup	210	58	0.00	10	14.52
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			688	7.28	1149	106.02
% of Calories				9.52%		61.6%
Weekly Nutrient Guideline			550 - 650	<10	1110	

Thursday - 02/29/2024

Reimbursable Meal Total 210

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001403 *TACO,SOFT,W/SEAS MIX:ELEM	1 EACH	210	262	6.88	459	15.19
000601 *RICE,MEXICAN	1/2 cup	210	126	0.35	219	23.72
001404 *VEG,REFRIED BEANS	1/2 CUP	210	140	0.00	143	24.01
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	210	61	0.05	1	15.66
001291 *DESSERT,JELLO	1/2 CUP	210	72	0.00	90	17.39
000661 *MILK:ASST-FF FLAVORED	PL JUG	180	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	30	100	1.50	115	12.00
Weighted Daily Average			778	7.48	1082	114.83
% of Calories				8.65%		59.0%
Weekly Nutrient Guideline			550 - 650	<10	1110	

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Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages	694	6	1098	99.88
% of Calories		8.34%		57.6%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.