

# Planned Menu Spreadsheet

Teton School Dist #401

## Portion Values

Feb 1, 2024 thru Feb 29, 2024

**Menu Name:** Elementary Breakfast K-5  
**Site:** 3 - Driggs Elementary  
**Use Alternate Menu Name:** No

**Include Cost:** No  
**Report Style:** Detailed

### Thursday - 02/01/2024

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000637 *YOGURT	4 oz	100	110	0.50	60	22.08
001047 *GRAIN & FRUIT BARS	EACH	100	140	0.63	79	23.01
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	100	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			479	1.53	307	92.37
% of Calories				2.87%		77.1%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Friday - 02/02/2024

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000623 *BREAKFAST,FRENCH TOAST STICKS:ELEM	EACH (2 sticks)	100	300	3.00	380	43.00
000350 *SYRUP,PANCAKE	POUCH (1.5 OZ)	100	100	0.00	35	26.14

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			634	3.35	592	117.60
% of Calories				4.76%		74.2%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Monday - 02/05/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001620 *BREAKFAST:ULTRA BREAD SLICES	EACH	100	270	1.83	220	43.67
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00

**Planned Menu Spreadsheet**

Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			505	2.18	397	92.13
% of Calories				3.89%		73.0%
Weekly Nutrient Guideline			350 - 500	<10	540	

**Tuesday - 02/06/2024**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001415 *BREAKFAST, COOKIE WH GRAIN	each	100	348	2.44	432	48.43
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			582	2.79	609	96.90
% of Calories				4.31%		66.6%
Weekly Nutrient Guideline			350 - 500	<10	540	

**Wednesday - 02/07/2024**

**Reimbursable Meal Total 100**

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
990152 *BREAKFAST SAND:BAKECRAFTER	EACH	0	140	1.00	240	16.00
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	100	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			229	0.40	168	47.28
% of Calories				1.57%		82.6%
Weekly Nutrient Guideline			350 - 500	<10	540	

Thursday - 02/08/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000979 *BREAKFAST TACO	EACH	100	290	6.96	568	14.68
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			524	7.30	745	63.14
% of Calories				12.54 %		48.2%
Weekly Nutrient Guideline			350 - 500	<10	540	

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2024 thru Feb 29, 2024

### Friday - 02/09/2024

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
990157 MUFFIN TOP	EACH	100	159	0.50	94	25.86
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			394	0.84	271	74.33
% of Calories				1.92%		75.5%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Monday - 02/12/2024

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	100	108	0.16	167	23.31
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			343	0.50	344	71.78
% of Calories				1.31%		83.7%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Tuesday - 02/13/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001625 *BREAKFAST BOWL,BACON:ELEM	SERV (@3/4 CUP)	0	163	2.00	236	18.57
001340 *TOAST,WHEAT,SLICE:W /MARG	1 Slice	100	80	0.00	150	16.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			315	0.35	327	64.46
% of Calories				1.00%		81.9%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Wednesday - 02/14/2024

Reimbursable Meal Total 100

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000642 *BREAKFAST PIZZA, SAUSAGE	each	100	210	2.00	350	27.00
000245 *FRUIT, FRESH, ASSORTED	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE, ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK: ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK: WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			445	2.35	527	75.46
% of Calories				4.75%		67.8%
Weekly Nutrient Guideline			350 - 500	<10	540	

**Thursday - 02/15/2024**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001477 *SMOOTHIE: FOOD COURT	CUP	100	154	0.33	62	33.97
001545 *CRACKERS, GRAHAMS, BUG BITES	BAG	100	120	1.00	115	21.00
990125 *FRUIT, FRESH, ASSORTED	1 CUP	100	113	0.10	1	28.88
000661 *MILK: ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			503	1.73	345	102.25
% of Calories				3.10%		81.3%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Tuesday - 02/20/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001195 *OATMEAL	SERV(1C COOKED)	100	140	0.00	0	24.00
001196 *OATMEAL TOPPINGS	SERV	100	94	0.02	5	24.52
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			469	0.37	182	96.98
% of Calories				0.71%		82.7%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Wednesday - 02/21/2024

Reimbursable Meal Total 100



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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001588 *BREAKFAST,DONUT HOLES:ELEM	SERV (3 EACH)	100	140	3.50	150	15.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			375	3.85	327	63.46
% of Calories				9.24%		67.7%
Weekly Nutrient Guideline			350 - 500	<10	540	

**Thursday - 02/22/2024**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000637 *YOGURT	4 oz	100	110	0.50	60	22.08
001047 *GRAIN & FRUIT BARS	EACH	100	140	0.63	79	23.01
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	100	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00

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## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			479	1.53	307	92.37
% of Calories				2.87%		77.1%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Friday - 02/23/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000623 *BREAKFAST,FRENCH TOAST STICKS:ELEM	EACH (2 sticks)	100	300	3.00	380	43.00
000350 *SYRUP,PANCAKE	POUCH (1.5 OZ)	100	100	0.00	35	26.14
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			634	3.35	592	117.60
% of Calories				4.76%		74.2%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Monday - 02/26/2024

Reimbursable Meal Total 100

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001620 *BREAKFAST:ULTRA BREAD SLICES	EACH	100	270	1.83	220	43.67
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			505	2.18	397	92.13
% of Calories				3.89%		73.0%
Weekly Nutrient Guideline			350 - 500	<10	540	

**Tuesday - 02/27/2024**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001415 *BREAKFAST, COOKIE WH GRAIN	each	100	348	2.44	432	48.43
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00

# Planned Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			582	2.79	609	96.90
% of Calories				4.31%		66.6%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Wednesday - 02/28/2024

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
990152 *BREAKFAST SAND:BAKECRAFTER	EACH	0	140	1.00	240	16.00
990125 *FRUIT,FRESH,ASSORTED	1 CUP	100	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			229	0.40	168	47.28
% of Calories				1.57%		82.6%
Weekly Nutrient Guideline			350 - 500	<10	540	

### Thursday - 02/29/2024

Reimbursable Meal Total 100

# Planned Menu Spreadsheet

## Portion Values

Feb 1, 2024 thru Feb 29, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
000979 *BREAKFAST TACO	EACH	100	290	6.96	568	14.68
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	100	61	0.05	1	15.66
000959 *JUICE,ASSORTED	EACH	100	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED	PL JUG	80	120	0.00	180	20.00
001519 *MILK:WHITE TRUMOO 1%	PL JUG	20	100	1.50	115	12.00
Weighted Daily Average			524	7.30	745	63.14
% of Calories				12.54 %		48.2%
Weekly Nutrient Guideline			350 - 500	<10	540	

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Carb (g)
Weighted Averages	461	2	419	82.50
% of Calories		4.63%		71.6%

- \*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \* - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup> - denotes required nutrient values
- <sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.