

YOU CAN HELP SLOW OUR SPREAD OF COVID-19

COVID-19 EVERYDAY PREVENTATIVE MEASURES



Stay home if you are sick



Wear face coverings when in public



Maintain physical distance of at least 6 feet from non-immediate family



Wash hands frequently for at least 20 seconds or use hand sanitizer



Carefully monitor your health—see the Decision Tree at EIPH.Idaho.gov

COVID-19 HOTLINE

208-522-0310 or

toll-free 855-533-3160

Email: CovidQuestions@EIPH.Idaho.gov

 Eastern Idaho
Public Health
Prevent. Promote. Protect.

SOS
SLOW OUR SPREAD

www.EIPH.Idaho.gov