

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

Menu Name:	Teton Middle School Lunch	Include Cost:	No
Site:	2 - Middle School		
Use Alternate Menu Name:	No		

Monday - 04/07/2025Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990118 *WAFFLES,DUTCH:J&J	EACH	325	300	3.00	350	43.00
000098 *FRUIT,STRAWBERRIES, FRZ,TOPP	1/2 Cup	325	39	0.01	2	10.09
000622 *SAUSAGE PATTY	each	325	85	2.00	232	0.40
000624 *POTATO,HASHBROWN PATTY	3/4 CUP	325	195	3.00	195	21.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	325	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			812	8.17	954	113.23
% of Calories				9.06%		55.8%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Tuesday - 04/08/2025Reimbursable Meal Total 325

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990175 Chicken Kale Caesar Wrap	1 each	325	247	0.57	545	30.74
990176 Spicy Hummus	3.4 oz	325	149	0.95	83	16.10
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	325	122	1.16	307	17.76
990106 *VEG,CARROT STICKS,FRESH	Cup	325	50	0.04	84	11.69
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	250	61	0.05	1	15.66
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	75	65	0.00	6	17.49
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			762	2.88	1196	115.45
% of Calories				3.40%		60.6%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Wednesday - 04/09/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001592 *TACO,WALKING,W/SEAS MIX:SEC	1 EACH	325	442	9.52	778	31.17
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	325	109	0.15	4	25.65
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	250	61	0.05	1	15.66

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Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000543 *FRUIT,APPLESAUCE,CN D,UNSWTND	1/2 Cup	75	58	0.00	10	14.52
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			743	9.81	959	95.29
% of Calories				11.88 %		51.3%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Thursday - 04/10/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001448 *SALAD PORK:COSTA VIDA	SERV	325	692	6.47	1156	86.77
990181 *FRUIT,MANDARINS-Cafe Teton Salad Day Only	1 cup	325	50	0.00	20	9.96
001484 *FRUIT,SIDEKICKS	EACH (1/2 CUP)	325	90	0.00	30	22.00
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			965	6.59	1380	141.80
% of Calories				6.15%		58.8%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Monday - 04/14/2025

Reimbursable Meal Total 325

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	325	400	2.50	640	46.00
000802 *POTATO,PUFFS,FRZ,OVEN-HEATED	1/2 CUP	325	122	1.16	307	17.76
990158 Ketchup 2 PCS	2 Each	325	20	0.00	170	4.00
990150 *VEG,CALIFORNIA BLEND	3/4 CUP	325	34	0.00	34	6.73
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	225	61	0.05	1	15.66
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	100	73	0.00	6	19.37
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			772	3.81	1328	114.37
% of Calories				4.44%		59.3%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Tuesday - 04/15/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001486 *NACHOS W/Beef Taco Meat:Elem	SERV	325	331	3.75	549	34.75
001631 *SALSA;FOOTHILL FARMS MIX	1/4 CUP	325	22	0.00	188	4.40

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000240 *VEG,CORN,FRZ,CKD	1/2 CUP	325	60	0.08	2	14.08
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	50	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	275	61	0.05	1	15.66
001597 *DESSERT,JONNY POPS	EACH	325	50	0.25	25	10.49
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			656	4.24	940	102.75
% of Calories				5.82%		62.7%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Wednesday - 04/16/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000935 *CHICKEN CHUNKS:TYSON70362	SERV (5 EACH)	325	160	1.50	270	10.00
990147 *KETCHUP PCS	EACH	325	10	0.00	85	2.00
000799 *ROLLS,WH WHEAT	EACH	325	121	0.33	181	20.82
990070 *VEG,CARROT/CELERY STICKS,FRSH	3/4 CUP	325	21	0.04	77	4.58
001371 *VEG,BAKED BEANS	.5 cup	325	157	0.20	318	35.34

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Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001105 *FRUIT,MANDARINS	1/2 cup	100	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	225	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			650	2.21	1109	108.20
% of Calories				3.06%		66.6%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Thursday - 04/17/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001628 *PIZZA RIPPERS,PEPP	EACH	325	290	5.00	550	27.00
001632 *SALAD,TOSSED,NO DRESSING:SEC	1.75 CUP (1C V)	325	21	0.03	5	4.20
000092 *FRUIT,PINEAPPLE,CND, LT SYRUP	1/2 Cup	100	66	0.01	1	17.18
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	225	61	0.05	1	15.66
000534 *COOKIE,CHOC CHIP	#40 SCOOP	325	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			673	8.59	829	91.15
% of Calories				11.49 %		54.2%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Monday - 04/21/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990172 Rice Bowl:Chipotle Chicken	1 cup	325	371	1.03	295	43.36
990171 DRESSING:Chipotle Ranch	2 TBSP	325	27	0.83	78	0.79
000258 *VEG,BROCCOLI,STEAMED	1/2 CUP	325	10	0.02	10	1.80
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	225	61	0.05	1	15.66
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	100	65	0.00	6	17.49
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			602	2.03	559	85.25
% of Calories				3.03%		56.6%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

Tuesday - 04/22/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990155 *PIGS IN A BLANKET:SEC	EACH	325	330	7.09	600	28.52
990158 Ketchup 2 PCS	2 Each	325	20	0.00	170	4.00
000500 *POTATO,WEDGE	1/2 cup	325	91	0.05	29	20.51
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	325	38	0.03	63	8.77
000627 *DRESSING,RANCH LITE:BASIC	EACH	325	80	1.50	200	2.00
990125 *FRUIT,FRESH,ASSORTED	1 CUP	275	113	0.10	1	28.88
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	50	73	0.00	6	19.37
001545 *CRACKERS,GRAHAMS, BUG BITES	BAG	325	120	1.00	115	21.00
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			917	9.87	1354	135.30
% of Calories				9.69%		59.0%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Wednesday - 04/23/2025

Reimbursable Meal Total 325

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990053 *CHILI	1.25 CUP	325	245	3.31	459	24.63
000232 *CRACKERS, SALTINE	1 PKG	325	25	0.00	90	5.00
000957 *CHEESE, STICKS, LM PS MOZZ	EACH	325	81	3.04	192	1.01
990186 *FRUIT, APPLE SAUCE, CN D, UNSWTND (Chili Day only)	1/2 Cup	325	58	0.00	10	14.52
000154 *CINNAMON ROLLS	1.5 oz	325	190	1.15	172	30.48
000661 *MILK: ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK: WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			731	7.62	1097	98.72
% of Calories				9.38%		54.0%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Thursday - 04/24/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001622 *MOZZ FILLED BREADSTICK: TFS	SERV (2 EACH)	325	279	3.98	537	29.84
001623 *MARINARA SAUCE	SERV (2 OZ)	325	36	0.23	259	5.44
001585 *SALAD: SUPERMAN: ELE M/TMS	1 CUP	325	70	0.64	78	5.98
000240 *VEG, CORN, FRZ, CKD	1/2 CUP	325	60	0.08	2	14.08

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001105 *FRUIT,MANDARINS	1/2 cup	100	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	225	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			627	5.07	1054	90.80
% of Calories				7.28%		57.9%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Monday - 04/28/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	serving	325	333	6.11	286	30.00
000034 *Lettuce/Tomato/Onion:1 leaf,1 slice,1 slice	1 Of Each	325	3	0.01	1	0.68
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	325	122	1.16	307	17.76
001371 *VEG,BAKED BEANS	.5 cup	325	157	0.20	318	35.34
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	325	109	0.15	4	25.65
000437 *FRUIT,PEACHES,CANNE D,LT SYRUP	1/2 Cup	50	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	275	61	0.05	1	15.66

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			917	7.77	1093	148.45
% of Calories				7.63%		64.8%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Tuesday - 04/29/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990173 Chicken Philly	1 each	325	404	6.12	1088	33.97
990140 *VEG,CARROT/CELERY STICKS,FRSH	CUP	325	43	0.04	93	9.87
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	225	61	0.05	1	15.66
000248 *FRUIT,APRICOTS,CND,L T SYRUP	1/2 Cup	100	79	0.00	5	20.65
001558 *DESSERT,RICE KRISPY TREAT:SEC	EACH	325	148	0.20	246	32.96
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			794	6.52	1603	117.07
% of Calories				7.39%		59.0%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Wednesday - 04/30/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990165 *ORANGE CHICKEN:TYSON POPCORN	serving (12pcs)	325	298	2.50	383	28.16
000198 *RICE,BROWN,CKD	1/2 CUP	325	93	0.00	95	19.14
990105 *VEG,BROCCOLI,STEAMED	CUP	325	20	0.04	19	3.59
000106 *CHEESE SAUCE,CHEDDAR:PIONEER	2 oz	325	3	0.10	22	0.34
000092 *FRUIT,PINEAPPLE,CND,LT SYRUP	1/2 Cup	100	66	0.01	1	17.18
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	225	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			610	2.79	694	90.44
% of Calories				4.12%		59.3%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Thursday - 05/01/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001628 *PIZZA RIPPERS,PEPP	EACH	325	290	5.00	550	27.00
001632 *SALAD,TOSSED,NO DRESSING:SEC	1.75 CUP (1C V)	325	21	0.03	5	4.20
000627 *DRESSING,RANCH LITE:BASIC	EACH	325	80	1.50	200	2.00
001105 *FRUIT,MANDARINS	1/2 cup	100	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	225	61	0.05	1	15.66
000534 *COOKIE,CHOC CHIP	#40 SCOOP	325	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

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Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			740	10.08	1032	89.40
% of Calories				12.26 %		48.3%
Weekly Nutrient Guideline			600 - 700	<10	1225	

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages		748	6	1074	108.60
% of Calories			7.38%		58.1%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.