

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

Menu Name:	Teton High School Lunch	Include Cost:	No
Site:	1 - High School		
Use Alternate Menu Name:	No		

Monday - 04/07/2025Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990118 *WAFFLES,DUTCH:J&J	EACH	200	300	3.00	350	43.00
000098 *FRUIT,STRAWBERRIES, FRZ,TOPP	1/2 Cup	200	39	0.01	2	10.09
990060 *SAUSAGE PATTY	2 each	200	170	4.00	463	0.80
990139 *POTATO,HASHBROWN PATTY	CUP	200	260	4.00	260	28.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	200	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			960	11.24	1247	120.05
% of Calories				10.54 %		50.0%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Tuesday - 04/08/2025Reimbursable Meal Total 200

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990175 Chicken Kale Caesar Wrap	1 each	200	247	0.57	545	30.74
990176 Spicy Hummus	3.4 oz	200	149	0.95	83	16.10
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	200	122	1.16	307	17.76
000022 *VEG,CARROT STICKS,FRESH	1/2 Cup	200	25	0.02	42	5.84
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	100	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	100	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			736	2.92	1151	109.52
% of Calories				3.57%		59.5%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Thursday - 04/10/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001448 *SALAD PORK:COSTA VIDA	SERV	200	692	6.47	1156	86.77
990181 *FRUIT,MANDARINS-Cafe Teton Salad Day Only	1 cup	200	50	0.00	20	9.96
001484 *FRUIT,SIDEKICKS	EACH (1/2 CUP)	200	90	0.00	30	22.00

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			963	6.66	1376	141.23
% of Calories				6.22%		58.7%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Monday - 04/14/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001313 *CHICKEN PATTY / BUN HS	each	200	400	2.50	640	46.00
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	200	122	1.16	307	17.76
990147 *KETCHUP PCS	EACH	200	10	0.00	85	2.00
000443 *VEG,CALIFORNIA BLEND	1/2 CUP	200	25	0.00	25	5.05
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	50	73	0.00	6	19.37
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	100	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			736	3.88	1230	105.98
% of Calories				4.74%		57.6%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Tuesday - 04/15/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001144 *NACHOS W/Beef Taco Meat:SEC	SERV	200	525	5.73	656	55.45
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	200	109	0.15	4	25.65
000437 *FRUIT,PEACHES,CANNE D,LT SYRUP	1/2 Cup	100	65	0.00	6	17.49
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	100	113	0.10	1	28.88
001597 *DESSERT,JONNY POPS	EACH	200	50	0.25	25	10.49
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			904	6.37	859	137.27
% of Calories				6.34%		60.7%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Wednesday - 04/16/2025

Reimbursable Meal Total 200

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000935 *CHICKEN CHUNKS:TYSON70362	SERV (5 EACH)	200	160	1.50	270	10.00
000799 *ROLLS,WH WHEAT	EACH	200	121	0.33	181	20.82
001371 *VEG,BAKED BEANS	.5 cup	200	157	0.20	318	35.34
990140 *VEG,CARROT/CELERY STICKS,FRSH	CUP	200	43	0.04	93	9.87
001105 *FRUIT,MANDARINS	1/2 cup	100	25	0.00	10	4.98
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	100	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			680	2.31	1039	115.46
% of Calories				3.06%		67.9%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Thursday - 04/17/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000812 *PIZZA,PEPPERONI:16 in	EACH	200	395	7.48	534	37.39
001632 *SALAD,TOSSED,NO DRESSING:SEC	1.75 CUP (1C V)	200	21	0.03	5	4.20

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000627 *DRESSING,RANCH LITE:BASIC	EACH	200	80	1.50	200	2.00
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	50	61	0.05	1	15.66
000092 *FRUIT,PINEAPPLE,CND, LT SYRUP	1/2 Cup	0	66	0.01	1	17.18
000376 *COOKIE,COWBOY	#40 SCOOP	200	159	2.68	118	22.89
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			801	11.89	1028	92.90
% of Calories				13.36 %		46.4%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Monday - 04/21/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990172 Rice Bowl:Chipotle Chicken	1 cup	200	371	1.03	295	43.36
990171 DRESSING:Chipotle Ranch	2 TBSP	200	27	0.83	78	0.79
000258 *VEG,BROCCOLI,STEAMED	1/2 CUP	200	10	0.02	10	1.80
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	50	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	100	61	0.05	1	15.66

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			585	2.10	555	80.65
% of Calories				3.23%		55.1%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Tuesday - 04/22/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990155 *PIGS IN A BLANKET:SEC	EACH	200	330	7.09	600	28.52
990158 Ketchup 2 PCS	2 Each	200	20	0.00	170	4.00
000930 *POTATO,EVERCRISP FRIES	1/2 cup	0	107	1.00	240	14.67
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	200	38	0.03	63	8.77
000627 *DRESSING,RANCH LITE:BASIC	EACH	200	80	1.50	200	2.00
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	200	113	0.10	1	28.88
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	0	73	0.00	6	19.37
001545 *CRACKERS,GRAHAMS, BUG BITES	BAG	200	120	1.00	115	21.00
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00

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Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			831	9.91	1320	115.67
% of Calories				10.73 %		55.7%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Wednesday - 04/23/2025 Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990053 *CHILI	1.25 CUP	200	245	3.31	459	24.63
000957 *CHEESE,STICKS,LM PS MOZZ	EACH	200	81	3.04	192	1.01
990185 *FRUIT,APPLESAUCE,CN D,UNSWTND (Chili Day Only)	1 CUP	200	116	0.00	19	29.03
001296 *CINNAMON ROLLS: HS	2oz	200	280	1.70	254	44.99
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			852	8.24	1095	122.17
% of Calories				8.70%		57.4%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Thursday - 04/24/2025 Reimbursable Meal Total 200

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001622 *MOZZ FILLED BREADSTICK:TFS	SERV (2 EACH)	200	279	3.98	537	29.84
001623 *MARINARA SAUCE	SERV (2 OZ)	200	36	0.23	259	5.44
990138 *SALAD:SUPERMAN:THS	1.5 CUP	200	105	0.96	117	8.97
000240 *VEG,CORN,FRZ,CKD	1/2 CUP	200	60	0.08	2	14.08
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	100	113	0.10	1	28.88
001105 *FRUIT,MANDARINS	1/2 cup	100	25	0.00	10	4.98
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			679	5.48	1091	97.77
% of Calories				7.26%		57.6%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Monday - 04/28/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	serving	200	333	6.11	286	30.00
000034 *Lettuce/Tomato/Onion:1 leaf,1 slice,1 slice	1 Of Each	200	3	0.01	1	0.68
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	200	122	1.16	307	17.76

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001371 *VEG,BAKED BEANS	.5 cup	200	157	0.20	318	35.34
990051 *VEG,CORN,FRZ,CKD	3/4 Cup	200	109	0.15	4	25.65
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	50	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	150	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			916	7.84	1090	148.05
% of Calories				7.70%		64.7%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Tuesday - 04/29/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990173 Chicken Philly	1 each	200	404	6.12	1088	33.97
990140 *VEG,CARROT/CELERY STICKS,FRSH	CUP	200	43	0.04	93	9.87
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	150	61	0.05	1	15.66
000248 *FRUIT,APRICOTS,CND,LT SYRUP	1/2 Cup	50	79	0.00	5	20.65
001558 *DESSERT,RICE KRISPY TREAT:SEC	EACH	200	148	0.20	246	32.96

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Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			791	6.59	1599	116.21
% of Calories				7.50%		58.8%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Wednesday - 04/30/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990165 *ORANGE CHICKEN:TYSON POPCORN	serving (12pcs)	200	298	2.50	383	28.16
000198 *RICE,BROWN,CKD	1/2 CUP	200	93	0.00	95	19.14
990105 *VEG,BROCCOLI,STEAMED	CUP	200	20	0.04	19	3.59
000106 *CHEESE SAUCE,CHEDDAR:PIONEER	2 oz	200	3	0.10	22	0.34
000092 *FRUIT,PINEAPPLE,CND, LT SYRUP	1/2 Cup	50	66	0.01	1	17.18
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	150	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00

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Portion Values

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			608	2.87	690	89.78
% of Calories				4.25%		59.1%
Weekly Nutrient Guideline			750 - 850	<10	1280	

Thursday - 05/01/2025

Reimbursable Meal Total 200

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000812 *PIZZA,PEPPERONI:16 in	EACH	200	395	7.48	534	37.39
001632 *SALAD,TOSSED,NO DRESSING:SEC	1.75 CUP (1C V)	200	21	0.03	5	4.20
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	150	61	0.05	1	15.66
001105 *FRUIT,MANDARINS	1/2 cup	50	25	0.00	10	4.98
000534 *COOKIE,CHOC CHIP	#40 SCOOP	200	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	175	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			766	11.14	812	97.83
% of Calories				13.09 %		51.1%
Weekly Nutrient Guideline			750 - 850	<10	1280	

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Portion Values

Apr 7, 2025 thru May 2, 2025

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages		787	7	1079	112.70
% of Calories			7.58%		57.3%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.