

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

Menu Name:	THS/BHS/TMS Breakfast	Include Cost:	No
Site:	All Sites		
Use Alternate Menu Name:	No		

Monday - 04/07/2025Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001626 *MUFFINS:PIONEER WG	EACH (1.5 oz G)	82	239	2.24	277	45.51
001590 *BREAKFAST,COMBO BAR/TOAST	SERV (1BAR +1TS)	82	279	4.97	498	23.96
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			487	3.68	541	83.89
% of Calories				6.80%		68.9%
Weekly Nutrient Guideline			450 - 600	<10	640	

Tuesday - 04/08/2025Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001332 *SCRAMBLED EGGS	1/4 CUP	82	89	1.54	99	3.19

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001340 *TOAST,WHEAT,SLICE:W/MARG	1 Slice	82	80	0.00	150	16.00
001287 *BREAKFAST,BENEFIT BARS,ASST	each	82	288	2.77	238	47.83
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			459	2.36	410	82.78
% of Calories				4.63%		72.1%
Weekly Nutrient Guideline			450 - 600	<10	640	

Wednesday - 04/09/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000623 *BREAKFAST,FRENCH TOAST STICKS:ELEM	EACH (2 sticks)	82	300	3.00	380	43.00
000350 *SYRUP,PANCAKE	POUCH (1.5 OZ)	82	100	0.00	35	26.14
001522 *BREAKFAST ON A STICK:FOSTER F	each	82	200	2.50	310	17.00
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			524	2.90	518	91.49
% of Calories				4.98%		69.8%
Weekly Nutrient Guideline			450 - 600	<10	640	

Thursday - 04/10/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001202 *YOGURT PARFAIT	each	82	169	0.49	73	35.24
001620 *BREAKFAST:ULTRA BREAD SLICES	EACH	82	270	1.83	220	43.67
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			451	1.45	321	88.19
% of Calories				2.89%		78.2%
Weekly Nutrient Guideline			450 - 600	<10	640	

Monday - 04/14/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001477 *SMOOTHIE: FOOD COURT	CUP	82	154	0.33	62	33.97
001545 *CRACKERS, GRAHAMS, BUG BITES	BAG	82	120	1.00	115	21.00
990184 Pancake WG:Bake Crafter	each	82	80	*N/A*	90	14.94
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			354	*1.01	300	69.69
% of Calories				*2.57%		78.7%
Weekly Nutrient Guideline			450 - 600	<10	640	

Tuesday - 04/15/2025

Reimbursable Meal Total 180

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990183 German Pancakes	each	82	227	2.30	207	20.72
000604 *BREAKFAST SANDWICH:SEC	each	82	314	9.38	945	23.68
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			498	5.72	713	72.47
% of Calories				10.34 %		58.2%
Weekly Nutrient Guideline			450 - 600	<10	640	

Wednesday - 04/16/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001625 *BREAKFAST BOWL,BACON:ELEM	SERV (@3/4 CUP)	82	163	2.00	236	18.57
001340 *TOAST,WHEAT,SLICE:W /MARG	1 Slice	82	80	0.00	150	16.00
990188 Banana Split Yogurt	each	82	16	0.04	5	3.49
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			369	1.33	366	69.59
% of Calories				3.24%		75.4%
Weekly Nutrient Guideline			450 - 600	<10	640	

Thursday - 04/17/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990124 *LONG JOHN DONUTS:ELEM	1/2 EACH	82	137	3.00	180	17.05
990166 *BREAKFAST,FRENCH TOAST STICKS:SEC	EACH (3 sticks)	82	300	3.00	380	43.00
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			450	3.13	443	79.60
% of Calories				6.26%		70.8%
Weekly Nutrient Guideline			450 - 600	<10	640	

Monday - 04/21/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001626 *MUFFINS:PIONEER WG	EACH (1.5 oz G)	82	239	2.24	277	45.51
001332 *SCRAMBLED EGGS	1/4 CUP	82	89	1.54	99	3.19
001340 *TOAST,WHEAT,SLICE:W /MARG	1 Slice	82	80	0.00	150	16.00
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			437	2.12	427	81.72
% of Calories				4.37%		74.8%
Weekly Nutrient Guideline			450 - 600	<10	640	

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

Tuesday - 04/22/2025 Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001415 *BREAKFAST, COOKIE WH GRAIN	each	82	348	2.44	432	48.43
000979 *BREAKFAST TACO	EACH	82	290	6.96	568	14.68
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			542	4.68	643	80.99
% of Calories				7.77%		59.8%
Weekly Nutrient Guideline			450 - 600	<10	640	

Wednesday - 04/23/2025 Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	90	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			296	0.46	256	61.83
% of Calories				1.40%		83.6%
Weekly Nutrient Guideline			450 - 600	<10	640	

Thursday - 04/24/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000637 *YOGURT	4 oz	82	110	0.50	60	22.08
001545 *CRACKERS, GRAHAMS, BUG BITES	BAG	82	120	1.00	115	21.00
001590 *BREAKFAST, COMBO BAR/TOAST	SERV (1BAR +1TS)	82	279	4.97	498	23.96
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT, FRESH, ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			425	3.35	486	68.38
% of Calories				7.09%		64.4%
Weekly Nutrient Guideline			450 - 600	<10	640	

Monday - 04/28/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990152 *BREAKFAST SAND:BAKECRAFTER	EACH	82	140	1.00	240	16.00
001477 *SMOOTHIE: FOOD COURT	CUP	82	154	0.33	62	33.97
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			385	1.01	325	75.01
% of Calories				2.36%		77.9%
Weekly Nutrient Guideline			450 - 600	<10	640	

Tuesday - 04/29/2025

Reimbursable Meal Total 180

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990184 Pancake WG:Bake Crafter	each	82	80	*N/A*	90	14.94
000350 *SYRUP,PANCAKE	POUCH (1.5 OZ)	82	100	0.00	35	26.14
990166 *BREAKFAST,FRENCH TOAST STICKS:SEC	EACH (3 sticks)	82	300	3.00	380	43.00
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			470	*1.76	418	90.55
% of Calories				*3.37%		77.1%
Weekly Nutrient Guideline			450 - 600	<10	640	

Wednesday - 04/30/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001522 *BREAKFAST ON A STICK:FOSTER F	each	82	200	2.50	310	17.00
990187 Apple Nachos	each	82	358	*0.93	128	73.84
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			505	*1.96	388	93.63
% of Calories				*3.49%		74.2%
Weekly Nutrient Guideline			450 - 600	<10	640	

Thursday - 05/01/2025

Reimbursable Meal Total 180

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990182 Overnight Oats:Strawberry	each	82	245	0.56	75	46.70
001626 *MUFFINS:PIONEER WG	EACH (1.5 oz G)	82	239	2.24	277	45.51
000081 *CEREAL ASSORTMENT	EACH (BOWLS)	16	108	0.16	167	23.31
990190 *FRUIT,FRESH,ASSORTE D-THS Breakfast Only	1 CUP	90	113	0.10	1	28.88
000959 *JUICE,ASSORTED	EACH	180	58	0.00	9	14.40
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	140	135	0.00	180	24.00

Planned Menu Spreadsheet

Portion Values

Apr 7, 2025 thru May 2, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	40	100	1.50	105	12.00
Weighted Daily Average			472	1.67	348	94.25
% of Calories				3.18%		79.9%
Weekly Nutrient Guideline			450 - 600	<10	640	

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages		445	*2.41	431	80.25
% of Calories			*4.87%		72.1%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.