

Planned Menu Spreadsheet

Portion Values

Mar 3, 2025 thru Mar 27, 2025

Menu Name:	Teton Middle School Lunch	Include Cost:	No
Site:	2 - Middle School		
Use Alternate Menu Name:	No		

Monday - 03/03/2025Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001448 *SALAD PORK:COSTA VIDA	SERV	325	692	6.47	1156	86.77
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	325	61	0.05	1	15.66
001015 CAKE: JELLO POKE	2 inch square	325	169	1.05	230	28.93
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			1054	7.68	1560	154.44
% of Calories				6.56%		58.6%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Tuesday - 03/04/2025Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990074 *SOUP:CHICKEN NOODLE *RESIZED*	1.25 CUP	325	279	2.08	325	30.86
001293 *ROLLS,WH WHEAT:HS	EACH	325	285	0.77	428	49.16
000957 *CHEESE,STICKS,LM PS MOZZ	EACH	325	81	3.04	192	1.01

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Mar 3, 2025 thru Mar 27, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990146 *VEG,CARROT STICKS,FRESH	3/4 Cup	325	38	0.03	63	8.77
001105 *FRUIT,MANDARINS	1/2 cup	250	25	0.00	10	4.98
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	75	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			848	6.04	1191	120.32
% of Calories				6.41%		56.8%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Wednesday - 03/05/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001520 *TACO,SOFT,W/SEAS MIX:SEC	1 EACH	325	382	9.02	648	25.17
001404 *VEG,REFRIED BEANS	1/2 CUP	325	140	0.00	143	24.01
000543 *FRUIT,APPLESAUCE,CND,UNSWTND	1/2 Cup	75	58	0.00	10	14.52
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	250	61	0.05	1	15.66
001291 *DESSERT,JELLO	1/2 CUP	325	72	0.00	90	17.39
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			786	9.17	1058	105.05
% of Calories				10.50 %		53.5%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Thursday - 03/06/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990059 *WAFFLES:SEC	2.8	325	220	1.00	440	38.00
000098 *FRUIT,STRAWBERRIES, FRZ,TOPP	1/2 Cup	325	39	0.01	2	10.09
000622 *SAUSAGE PATTY	each	325	85	2.00	232	0.40
000624 *POTATO,HASHBROWN PATTY	3/4 CUP	325	195	3.00	195	21.00
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	325	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			732	6.17	1044	108.23
% of Calories				7.59%		59.1%
Weekly Nutrient Guideline			600 - 700	<10	1225	

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Mar 3, 2025 thru Mar 27, 2025

Monday - 03/10/2025		Reimbursable Meal Total 325				
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000567 *CHICKEN PATTY/BUN ELEM	each	325	400	2.50	640	46.00
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	325	122	1.16	307	17.76
990147 *KETCHUP PCS	EACH	325	10	0.00	85	2.00
000443 *VEG,CALIFORNIA BLEND	1/2 CUP	325	25	0.00	25	5.05
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	325	73	0.00	6	19.37
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	325	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			823	3.83	1239	128.92
% of Calories				4.19%		62.7%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Tuesday - 03/11/2025		Reimbursable Meal Total 325				
	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001486 *NACHOS W/Beef Taco Meat:Elem	SERV	325	331	3.75	549	34.75
000240 *VEG,CORN,FRZ,CKD	1/2 CUP	325	60	0.08	2	14.08

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Mar 3, 2025 thru Mar 27, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	325	61	0.05	1	15.66
001597 *DESSERT,JONNY POPS	EACH	325	50	0.25	25	10.49
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			634	4.25	751	98.06
% of Calories				6.03%		61.9%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Wednesday - 03/12/2025 Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001557 *CHICKEN DRUMSTICKS: TYSON	EACH	325	160	2.50	320	2.00
000799 *ROLLS,WH WHEAT	EACH	325	121	0.33	181	20.82
000802 *POTATO,PUFFS,FRZ,OV EN-HEATED	1/2 CUP	325	122	1.16	307	17.76
000366 *VEG,BROCCOLI FLORETS,FRESH	1/2 Cup	325	10	0.02	10	1.80
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	325	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

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Teton School Dist #401

Portion Values

Mar 3, 2025 thru Mar 27, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			657	4.23	994	94.34
% of Calories				5.79%		57.4%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Thursday - 03/13/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001628 *PIZZA RIPPERS,PEPP	EACH	325	290	5.00	550	27.00
001632 *SALAD,TOSSED,NO DRESSING:SEC	1.75 CUP (1C V)	325	21	0.03	5	4.20
000627 *DRESSING,RANCH LITE:BASIC	EACH	325	80	1.50	200	2.00
000437 *FRUIT,PEACHES,CANNED,LT SYRUP	1/2 Cup	125	65	0.00	6	17.49
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	200	61	0.05	1	15.66
000376 *COOKIE,COWBOY	#40 SCOOP	325	159	2.68	118	22.89
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

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Mar 3, 2025 thru Mar 27, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			745	9.36	1050	95.53
% of Calories				11.31 %		51.3%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Monday - 03/17/2025 Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990202 Rice Bowl:Hawaiian Meatballs	4 meatball	325	237	3.42	496	24.14
000258 *VEG,BROCCOLI,STEAMED	1/2 CUP	325	10	0.02	10	1.80
001485 *FRUIT,STRAWBERRIES,FROZ,CUP	EACH (1/2 CUP)	200	80	0.00	1	21.00
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	125	61	0.05	1	15.66
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			452	3.57	681	67.96
% of Calories				7.11%		60.1%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Tuesday - 03/18/2025 Reimbursable Meal Total 325

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Mar 3, 2025 thru Mar 27, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001082 *CORN DOG:WH GRN/LW FAT:FFARM	EACH	325	240	2.00	590	33.00
000500 *POTATO,WEDGE	1/2 cup	325	91	0.05	29	20.51
990106 *VEG,CARROT STICKS,FRESH	Cup	325	50	0.04	84	11.69
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	250	61	0.05	1	15.66
990067 *FRUIT,APRICOTS,CND,L T SYRUP	CUP	50	158	0.01	10	41.29
001545 *CRACKERS,GRAHAMS, BUG BITES	BAG	325	120	1.00	115	21.00
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			705	3.24	995	127.68
% of Calories				4.14%		72.4%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Wednesday - 03/19/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990053 *CHILI	1.25 CUP	325	245	3.31	459	24.63
000232 *CRACKERS,SALTINE	1 PKG	325	25	0.00	90	5.00
000957 *CHEESE,STICKS,LM PS MOZZ	EACH	325	81	3.04	192	1.01

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990186 *FRUIT,APPLESAUCE,CN D,UNSWTND (Chili Day only)	1/2 Cup	325	58	0.00	10	14.52
000154 *CINNAMON ROLLS	1.5 oz	325	190	1.15	172	30.48
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			731	7.62	1097	98.72
% of Calories				9.38%		54.0%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Thursday - 03/20/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001622 *MOZZ FILLED BREADSTICK:TFS	SERV (2 EACH)	325	279	3.98	537	29.84
001623 *MARINARA SAUCE	SERV (2 OZ)	325	36	0.23	259	5.44
001585 *SALAD:SUPERMAN:ELEM/TMS	1 CUP	325	70	0.64	78	5.98
000240 *VEG,CORN,FRZ,CKD	1/2 CUP	325	60	0.08	2	14.08
990125 *FRUIT,FRESH,ASSORTE D	1 CUP	325	113	0.10	1	28.88
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

Planned Menu Spreadsheet

Teton School Dist #401

Portion Values

Mar 3, 2025 thru Mar 27, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			690	5.14	1052	107.30
% of Calories				6.70%		62.2%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Monday - 03/24/2025

Reimbursable Meal Total 335

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000464 *HAMBURGER W/BUN	serving	325	333	6.11	286	30.00
001371 *VEG,BAKED BEANS	.5 cup	325	157	0.20	318	35.34
990069 *VEG,CORN,FRZ,CKD	1 CUP	325	80	0.11	3	18.78
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	250	61	0.05	1	15.66
000438 *FRUIT,PEARS,CND,LT SYRUP	1/2 CUP	250	73	0.00	6	19.37
001558 *DESSERT,RICE KRISPY TREAT:SEC	EACH	325	148	0.20	246	32.96
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			925	6.56	1002	162.12
% of Calories				6.38%		70.1%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Planned Menu Spreadsheet

Portion Values

Mar 3, 2025 thru Mar 27, 2025

Tuesday - 03/25/2025 Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001279 *LASAGNA W/GRND BEEF	SERVINGS	325	229	3.83	336	18.59
001436 *BREAD,GARLIC:TFS	EACH	325	100	1.00	135	13.00
990050 *VEG,GREEN BEANS,CND,CKD	1/2 Cup	325	10	0.00	92	1.96
000245 *FRUIT,FRESH,ASSORTE D	EACH (1/2 c. F)	250	61	0.05	1	15.66
000437 *FRUIT,PEACHES,CANNE D,LT SYRUP	1/2 Cup	75	65	0.00	6	17.49
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			533	4.99	739	72.72
% of Calories				8.43%		54.6%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Wednesday - 03/26/2025 Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
990121 *TERIYAKI CHICKEN:YANGS:ELEM	SERV (2.4oz)	325	115	1.00	331	6.02
990167 *Fried Rice	1/2 cup	325	174	0.91	155	28.04
990075 *VEG,BROCCOLI,STEAM ED	3/4 CUP	325	15	0.03	14	2.69

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Teton School Dist #401

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	250	61	0.05	1	15.66
000092 *FRUIT,PINEAPPLE,CND,LT SYRUP	1/2 Cup	75	66	0.01	1	17.18
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			498	2.09	676	75.85
% of Calories				3.78%		60.9%
Weekly Nutrient Guideline			600 - 700	<10	1225	

Thursday - 03/27/2025

Reimbursable Meal Total 325

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001628 *PIZZA RIPPERS,PEPP	EACH	325	290	5.00	550	27.00
001632 *SALAD,TOSSED,NO DRESSING:SEC	1.75 CUP (1C V)	325	21	0.03	5	4.20
000245 *FRUIT,FRESH,ASSORTED	EACH (1/2 c. F)	250	61	0.05	1	15.66
001105 *FRUIT,MANDARINS	1/2 cup	75	25	0.00	10	4.98
000534 *COOKIE,CHOC CHIP	#40 SCOOP	325	167	3.41	99	20.74
000661 *MILK:ASST-FF FLAVORED: GOSSNER	Tetra Pak	300	135	0.00	180	24.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
001519 *MILK:WHITE Gossner 1%	Tetra Pak	25	100	1.50	105	12.00
Weighted Daily Average			663	8.59	831	88.22
% of Calories				11.66 %		53.2%
Weekly Nutrient Guideline			600 - 700	<10	1225	

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Carb (g)
Weighted Averages		717	6	998	106.59
% of Calories			7.26%		59.5%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.