



BREAKFAST

OCTOBER 2021

Teton High School & Teton Middle School

Breakfast - Students – No charge
Seamless Summer Program
Adult Breakfast \$2.45

Monday

Tuesday

Wednesday

Thursday

Friday



1

Staff Development
No School for Students

4

Donut Holes
Bacon Brk Bowl
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

5

Eggo Bites
Breakfast Burrito
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

6

Combo Bar/Toast
French Toast Sticks/Syrup
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

7

Apple Ritos
Maple/Choc Bars
Yogurt Parfait
Cereal/Pop Tarts
Fresh Fruit
Milk Assortment

8

Smoothies
Breakfast Cookies
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

11

Eggo Bites
Biscuits & Gravy
Nutrigrain Bars
Fresh Fruit
Juice Assortment
Milk Assortment

12

Filled Cereal Bars
Breakfast Burrito
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

13

Breakfast Pizza
Berry & Cream Twins
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

14

Yogurt &
Nutrigrain Bars
Sausage Brk Bowl
Cereal/Pop Tarts
Fresh Fruit
Milk Assortment

15

French Toast Sticks
Breakfast Sandwich
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

18

Donut Holes
Bacon Brk Bowl
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

19

Eggo Bites
Breakfast Burrito
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

20

Combo Bar/Toast
French Toast Sticks/Syrup
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

21

Apple Ritos
Maple/Choc Bars
Yogurt Parfait
Cereal/Pop Tarts
Fresh Fruit
Milk Assortment

22

Smoothies
Breakfast Cookies
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

25

Eggo Bites
Biscuits & Gravy
Nutrigrain Bars
Fresh Fruit
Juice Assortment
Milk Assortment

26

Filled Cereal Bars
Breakfast Burrito
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

27

Breakfast Pizza
Berry & Cream Twins
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

28

Yogurt &
Nutrigrain Bars
Sausage Brk Bowl
Cereal/Pop Tarts
Fresh Fruit
Milk Assortment

29

French Toast Sticks
Breakfast Sandwich
Cereal/Pop Tarts
Fresh Fruit
Juice Assortment
Milk Assortment

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To make a payment go to: www.mymealtime.com

Questions? Contact Kathy Rowbury, Phone 208-228-5723, or Email krowbury@d401.k12.id.us

MENUS ARE SUBJECT TO CHANGE